



DO YOU HELP LOOK AFTER SOMEONE
IN YOUR FAMILY WHO HAS A DISABILITY
OR ILLNESS?

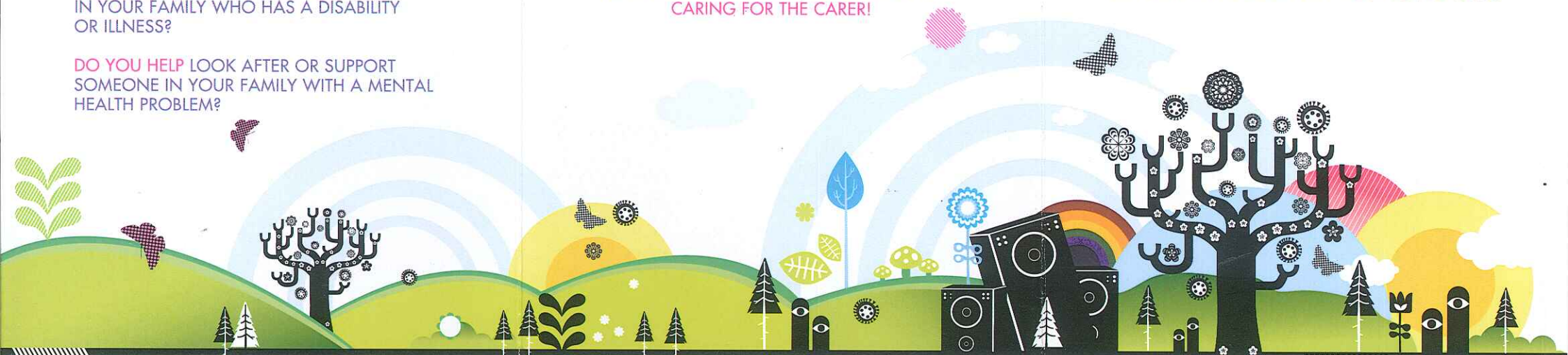
DO YOU HELP LOOK AFTER OR SUPPORT
SOMEONE IN YOUR FAMILY WITH A MENTAL
HEALTH PROBLEM?



YOUNG CARERS

SUPPORTING YOU SUPPORT YOUR LOVED ONES

A CHARITY THAT REALLY, REALLY ENJOYS
CARING FOR THE CARER!



IF YOU DO THEN WE THINK YOU ARE A
VERY SPECIAL PERSON AND WOULD LOVE
TO MEET YOU!

For more information or a chat about what we
can do for you then please contact Clare on
07935 223 698 or 01376 529 985.

HELLO
MY NAME IS

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CROSS
ROADS
CARE
FOR
YOUNG
CARERS

Braintree District
& Chelmsford



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**CROSSROADS CARE BRAINTREE IS A NON
PROFIT MAKING VOLUNTARY ORGANISATION.**

We cover the entire Braintree District area including all three towns Braintree, Witham and Halstead and all 56 villages. Much of our costs are funded by grants together with donations and fundraising events.

At Braintree young carers we are here to support you in your caring role.

Age 8 – 12 and helping to look after someone in your family? Then we have a special group for you to have fun, play and enjoy trips out!

Age 12 – 18 and feel sometimes you just need to get away from it all? Braintree Young Carers is a group of young people just like you who come to chill out, have some time away from their responsibilities and enjoy trips out with the group!

OUR YOUNG CARERS ENJOY ACTIVITIES SUCH AS COOKING, ARTS AND CRAFTS, FOOTBALL, OUTDOOR GAMES, SINGING AND DANCING AND QUIZZES.

We also arrange trips out during the school holidays. Just some of the places that we have visited are Lee Valley, London Dungeons, The London Eye, Colchester Zoo, Thorpe Park, Southend-on-Sea, ten pin bowling and the local cinema!

WE HAVE FRIENDLY SUPPORT STAFF WHO WILL TALK TO YOU ABOUT ANY PROBLEMS THAT YOU MAY BE HAVING.

All our support staff are CRB checked – this is a Police check. They also have training such as First Aid, Food Hygiene, Child Protection, NVQ 2, Health & Safety, VRQ in Youth Work and Counselling Children & Adolescents Skills.

HOW DO WE KNOW CROSSROADS OFFERS A QUALITY SERVICE?

- Carers' peace of mind is critical to our effectiveness
- Registered with the Council for social care inspection
- Regularly inspected by Essex County Council
- Meets Crossroads Association quality standards
- Have obtained Croquet Level 2
- Strives to meet the King's Fund Standards for Carers' Services
- We regularly have positive feedback from our carers!

