

Year 8 Autumn Term 1 PSHE

What are we learning?	What knowledge, understanding and skills will we gain?	What does mastery look like?	What additional resources are available?
Healthy lifestyles Exercise Eating disorders Alcohol	<p>Knowledge How and why we need a healthy lifestyle; causes, symptoms and treatments of eating disorders; alcohol and the law.</p> <p>Understanding: Students understand how to take responsibility for the decisions they make and their future implications.</p> <p>Skills: Define key terms; demonstrate independence; working collaboratively with others, challenge the views of others; explain the short term and long term implications of decisions; evaluate key issues.</p>	<ul style="list-style-type: none"> • Demonstrating exceptional independence in all topics, supplemented by independent research. • Critical reflection of the topics and the work produced. • Evaluation of student’s own work using appropriate evidence from a range of sources. • Clear decision making and awareness of managing risk. • An outstanding commitment shown to the health and well-being of both self and others. 	Year 8 PSHE textbooks Generic 7-9 PSHE textbooks

Year 8 Autumn Term 2

What are we learning?	What knowledge, understanding and skills will we gain?	What does mastery look like?	What additional resources are available?
<p>Drugs Careers</p>	<p>Knowledge: Different types of drugs both legal and illegal; why people take drugs; different types of drugs and their harmful side effects. Where to get career guidance and help from.</p> <p>Understanding: Students understand how to take responsibility for the decisions they make and their future implications.</p> <p>Skills: Define key terms; demonstrate independence; working collaboratively with others, challenge the views of others; explain the short term and long term implications of decisions; evaluate key issues.</p>	<ul style="list-style-type: none"> • Demonstrating exceptional independence in all topics, supplemented by independent research. • Critical reflection of the topics and the work produced. • Evaluation of student’s own work using appropriate evidence from a range of sources. • Clear decision making and awareness of managing risk. • An outstanding commitment shown to the health and well-being of both self and others. 	<p>Year 8 PSHE textbooks Generic 7-9 PSHE textbooks</p>