

YOUNG CARERS

AT THE RAMSEY ACADEMY



WHAT SUPPORT DO WE OFFER OUR STUDENTS

KEY GUIDANCE AND INFORMATION FOR ALL STAFF

DESIGNATED YOUNG CARER LEADER: Mr M Wills

MISSION STATEMENT

WHAT IS OUR **PROMISE** TO **YOUNG CARERS**



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*Ramsey Academy is committed to **develop provision** for young carers and their families.*

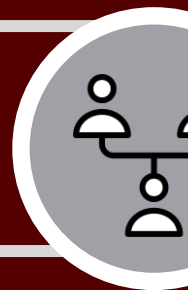
*We will capture the commitment by widening our provision, building on the needs of young people and better meet young carers' needs by reviewing our provision for young carers with a view to **ultimately achieving best practice**.*

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LEADERSHIP STRUCTURE

FOR **YOUNG CARERS** WITHIN RAMSEY ACADEMY



**LOCAL
GOVERNING
BODY**

The LGB have the oversight for the provision for Young Carers within the academy.

**HEADTEACHER
CS**

**DEPUTY
HEADTEACHER
MWI**

DESIGNATED LEAD:
Mr M Wills

OPERATIONAL LEADS:
Mrs J Ayres
Mrs H Jolly
Mrs L Koster
Miss B Retter

**RSL
(ASPIRATION)**

**RSL
(DIVERSITY)**

**RSL
(ENDEAVOUR)**

**CLASSROOM
TEACHERS**

All teachers have a joint responsibility to support young carers with their learning.



IDENTIFICATION

WHO IS A **YOUNG CARER**?



A Young Carer is a student under 16 years of age who helps to look after a family member who is disabled, physically or mentally ill or has a substance misuse problem.

At Ramsey Academy we recognise that caring can also involve physical and emotional care, or taking responsibility for someone's safety or well-being. The level of responsibility assumed by a young carer is often inappropriate to their age and at a level beyond simply helping out with jobs at home, which is a normal part of growing up; as such it may impact on the education of the young person.

Because of the responsibilities at home, a Young Carer might experience:

- Tiredness during the school day
- Behavioural problems
- Being the victim of bullying
- Under achievement
- False signs of maturity
- Poor hygiene/physical appearance
- Emotional distress
- Poor completion of homework or poor quality
- Lack of interest in extra-curricular activities
- Isolation
- Low self-esteem
- Concentration problems, anxiety or worry in school



IDENTIFICATION

WHO IS A **YOUNG CARER**?



A young carer may undertake some or all of the following:



Interpretation

e.g. for hearing/speech impairment or English as an additional language

Child Care

e.g. taking responsibility for younger siblings, putting to bed, walking to school, parenting



Emotional Care

e.g. listening, calming, being present, being compliant, monitoring the emotional state of the person cared for

Nursing Care

e.g. giving medication, injections, changing dressings, assisting with mobility, physiotherapy

Practical Tasks

e.g. cooking, housework, shopping

Household Management

e.g. paying bills, managing finances, collecting benefits

Personal Care

e.g. dressing, feeding, washing, toileting needs

OUR OFFER

HOW DO WE **SUPPORT** OUR YOUNG CARERS?



We acknowledge that Young Carers may need extra support to access their education.

As a school we will:

- Work towards the Young Carers School Award to promote and encourage achievement of all our students
- Designate a member of staff to be the main contact for young carers in the school – **Mr M Wills**
- Provide young carers with opportunities to speak to someone in private, and will not discuss their situation in front of peers
- Half-termly support groups run by external agencies
- Half-termly meetings held between each young carer and the designated member of staff
- Sign post to other agencies, if and when possible
- Liaise with subject teachers to make reasonable adjustments at times of need around deadlines for homework
- Raise the profile of young carers through assemblies and staff CPD
- Provide staff with access to information and training to enable them to recognise indications that a child has a caring responsibility
- Provide a safe and friendly place for young carers to go during lunchtime
- Ensure young carers have access to all available support services in school
- Provide extra-curricular activities to engage with other young carers

OUR OFFER

HOW DO WE **SUPPORT** OUR YOUNG CARERS?



We work with the following agencies:

Essex Young Carers

<https://youth.essex.gov.uk/young-people/young-carers/>



Action for Young Carers

<https://affc.org.uk/services/young-carers>



Action for Family Carers

<https://affc.org.uk/>



WHO ARE OUR YOUNG CARERS?

To find a list of Young Carers please visit Arbor:
Arbor > School > Reports > Young Carers

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*Being a young carer can have a big impact on the things
that are important to growing up.*

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ASPIRATION

DIVERSITY

ENDEAVOUR