

# The Ramsey Academy, Halstead



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Dear Parents/Carers

## Year 7 Summer Term PSHE Lesson Curriculum Overview

As a part of your child's education at The Ramsey Academy, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme delivered in lessons.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. I am writing to let you know the curriculum overview for PSHE lessons in Year 7 during the Summer Term is as follows:

### Summer Term

**Relationships:** Building Relationships – Students will spend a half term exploring what self-worth is why it is important, and how to develop it, the difference between unhealthy and healthy relationships, managing expectations regarding romantic relationships and understanding what consent is, and how to seek consent and assertively communicate consent.

**Living in the Wider World:** Financial Decision Making – The final half term of year 7 will be spent learning how to make safe financial choices and managing risk taking behaviour, saving, spending and budgeting, and understanding ethical and unethical business practices and consumerism.

I would like to remind all parents that students may seek additional support if required, from our pastoral team. This includes the Tutors and Pastoral Managers: Mrs Ayres, Mrs Jolly, Miss Retter and Mrs Koster.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. As a school community, we are committed to working in partnership with parents/carers and we welcome any feedback that you may have.

Please do contact me if you would like to find out more about what your child will learn and/or view materials and resources being used in lessons.

Yours faithfully

D Pearce (Miss)  
Subject leader for PSHE



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