



Ramsey Voice

Updates Newsletter

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Note from The Head

Welcome to the final edition of the Ramsey Voice for this academic year. It seems we keep saying welcome to another 'bumper edition', but this newsletter is the largest we have ever produced for one half term as we have so many stories to share. During the course of the year we hope you have enjoyed reading about the experiences of the students and staff, which gives an overview of the work we do at The Ramsey Academy.

As another academic year comes to an end, I would like to take this opportunity to thank you for your continued support. Once again, this year has been exceptionally busy; the increased range of opportunities and activities available combined with excellent first quality teaching has allowed students to develop not only their academic skills and knowledge, but a variety of life skills which are so important for their future.

It is with great regret and sadness I have to inform you that recently Mrs Elizabeth Ward passed away following a short illness. She was a great supporter of Ramsey: fulfilling the role of Chair of Governors for six years before relinquishing the post last year due to ill health. She regularly visited the school, supported events and spoke to students about their aspirations.

The Academy has gone from strength to strength and in January we received a visit from Ofsted, who judged that the education provision we provide remains 'good'. Our aim is still to be classed as 'an outstanding school in the heart of the community', not necessarily in terms of an Ofsted grading but based on the judgement of our students, parents and local community.

As Year 11 leave to start the next stage of their education, training, or employment we wish them 'good luck' and look forward to their GCSE results in August. The new Year 7 students have already completed their 'induction days' and are looking forward to joining us. In September we will have nearly 170 Year 7 students; as with last year, well above our published admission number, indicating that the Academy is becoming the 'first choice' for many local families.

We have extended our network of 'community partners' who visit the Academy and also offer our students the opportunity to visit them on site. The students, via their Houses, have arranged a wide variety of activities to raise money for charity. This year over £7000 has been donated to the nominated charities: Smile of Aaron, Blue Heart, The Breck Foundation and Essex Air Ambulance.

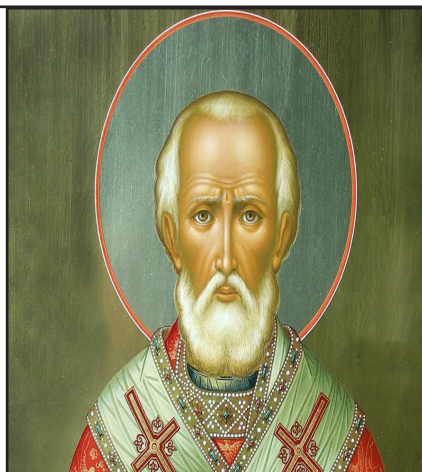
We have continued to fulfil our commitment to provide a broad range of experiences both in and out of the classroom. This is important as it enables students to develop a greater awareness of the world around us and the opportunities available. In this edition, the reports highlight the breadth of activities which challenge the students' thinking and often takes them out of their 'comfort zone'.

One event that I was particularly delighted to attend was the Braintree District Volunteer Awards. A number of our students were nominated and several were either Award winners or Highly Commended. Many of our students appreciate the importance of doing things for others without the need for reward or recognition and often the huge amount they do it not always publically recognised. They give their time and help others because it is part of the ethos and culture we attempt to encourage at Ramsey. The importance of this can be summarised by the words of Winston Churchill, who is quoted as saying:

"We make a living by what we get, but we make a life by what we give"

St Andrew's Flower Festival

The Ramsey Academy made a magnificent display for the Flower Festival at St Andrew's Church. The theme of this year's festival was Saints. The Ramsey Academy chose to represent St Nicholas who is the Patron Saint of Children and Bakers. The paper flowers were made by students in Year 9 and the bread flowers were made by the Key Stage 3 Food Club. Mrs Tyler



Ramsey Students Speak Out at the North Essex Regional Final

The Jack Petchey Speak Out Challenge aims to ensure that young people have the confidence and skills to speak aloud, and that they know the importance of their voice and why they deserve to be heard. Through public speaking sessions with specialists from the Speakers Trust, students in Year 10 can develop key attributes with their peers and learn what makes a good speech. Of course, content of a speech is very important, but the way a speech is delivered is key as well - which is where mentors from the Speakers Trust come in. In their sessions, students learn how to make a memorable speech about a topic they are passionate about, focusing on key ideas such as hand gestures, posture, eye contact and movement as they deliver a short speech in front of their peers.

From these sessions, each school chooses representatives who will improve their speeches and compete in the appropriate regional final. From the Ramsey Academy, the two representatives were myself (Tazmin Sloat) and Max Felton. After school on Thursday 9th May, we went to New Rickstones Academy in Witham, where this year's North Essex Regional Final was held. As the competition was due to start at half past six, we had a couple of hours in which a final session was held. In this session, all the contestants got to know each a little better and small final adjustments were made to the delivery of our speeches, making sure that we conveyed our passion and engaged the audience effectively. After that, it was time for the competition to start.

All the speeches made on the evening were spectacular: it was clear to see that the judges would have a hard time deciding a winner. My speech, titled 'E for Education' was about the importance of education and what I had realised through my work on the Send My Friend School Campaign whereas Max's speech, 'Genders' was on gender equality and why it is everyone's right to make sure men and women are treated in an equal manner. There were a wide variety of topics discussed on the night, for example, there were some particularly memorable speeches on body image, positivity and peer pressure. Rumbidzai Kawome, from New Rickstones Academy, was this year's winner, with her speech on loving herself despite her differences in relation to her peers.

I really enjoyed the competition - the energy was positive, and it highlighted the power people can have, even if they have been told time and time again that they are not allowed to use their voice. To those of you in the future who will participate in the sessions, I suggest that you fully immerse yourself and make the most of it - you don't realise quite how important it is to be able to speak to people you've never spoken to before. Tazmin S (Year 10)



Training Expedition D of E Experience

The Duke of Edinburgh (D of E) is an award that you can achieve by taking part in various activities and completing them. You also have to attend two expeditions; for the first expedition your teachers decide where and how they are going to teach you the skills you will need. The second expedition is the expedition you will get assessed on and you can show your personal progress. It is a very good thing to be able to say you have done and put on your CV. Also, employers are always looking for people who have done extra things outside of the school curriculum such as Duke of Edinburgh award as it demonstrates a wide variety of skills.

When we arrived, the teachers gave us boxes which contained our tents and the other accessories we needed and showed us how to put up the tents. Then, we got given maps and felt-tip pens and worked in groups to mark our 3 check points (on the maps). Next the teachers showed us how to use our compasses and one teacher joined each group to monitor our behaviour and watch how we tackled the task we were given. When we arrived at our check point, the teacher who was helping us left us to work together and carrying on by ourselves.



When we arrived at the camp, we had a few hours spare to look around and relax. The Year 10s came and some of the Year 9 students who couldn't fit into the Year 9 groups. Then we got given portable heaters, which the teachers then showed us how to use and then we all cooked our own food; which was a very cool experience. When we had all finished, we had to wash up our own plates. When it got dark, the teachers made a camp fire where we could just socialise and have fun. At about 10 o'clock, we got sent to the tents to go to sleep.

In the morning, we used the heaters again but this time to make some breakfast which was porridge.

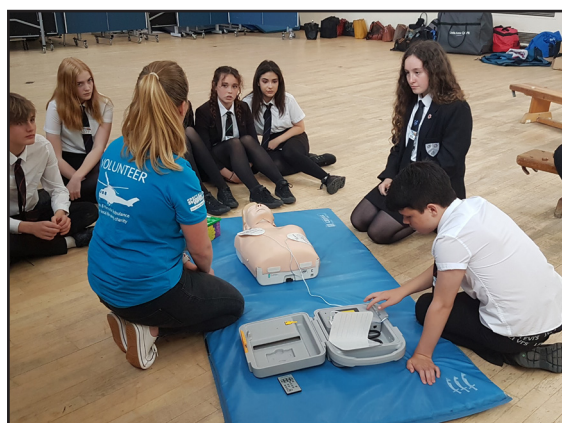
It was an amazing experience and I would definitely recommend it.

Bence H (Year 9)



Lifesaving training from Essex Air Ambulance

On Thursday 20th June 2019, some students at the Ramsey Academy were lucky enough to be visited by staff from the Essex Air Ambulance to teach the vital, lifesaving skills of CPR. The students were able to practice on resuscitation dolls the essential skills to potentially save someone's life. Thank you to all at Essex Air Ambulance for an enjoyable, informative day. Mr Child



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National Handball Championships

On Sunday 16th June, our Year 8 Handball team went to the National School Finals held in the Derby Arena. This tournament was the next stage for the team after winning the East Regional. We left school early on Sunday morning to make the long journey up to Derby. Once we arrived the whole atmosphere was great and a real professional show put on by England Handball. We were expecting tough competition as this was the best of the best from all over the country. After some difficult games Ramsey Academy finished in 8th place, making them the 8th best handball team in the country. Not bad for a small school from Essex.

Congratulations to all of the boys: Bobby, Millan, Jacob, Will, Keiran, Tom, Oscar, Finley. Mr Child



Under 12 Triathlon

Ruby S, successfully competed in an under 12 triathlon on the weekend of 8th June 2019. Ruby completed a 200m swim followed by a 4km cycle and finished it all off with an 1800m run. Ruby successfully achieved a bronze medal in the tournament and finished third overall. Congratulations Ruby, we are very proud of you. Miss Danino



Year 7 and 8 Football Tournament

Wednesday 12th June Miss Hibble and Miss Lewis went to Hedingham for a Year 7 and 8 mixed football tournament with the following team: Rosie M, Sienna I, Katie E, Katie R, Cre S, Mia W, Lilly H, Mia S. The football tournament had our whole district playing with a total of 9 teams participating.

We played 2 games for the first round of the tournament; our first game against the host team, Hedingham, unfortunately ended in a loss. However this did not get the girls down and we went on to win our second game against New Rickstone 6-0 with Cre having an amazing game, scoring 5, and Lily scoring the final goal. The result at the end of this round had us 2nd in the group and playing for 4 or 5th place. The girls went on to play Maltings Academy first and ended with a draw at the end of the game. Our final game was against Alec Hunter and again ended in a draw due to results of the previous round. Ramsey ended up coming 5th overall. Miss Hibble



Nina P, Year 8 Basketball Success

Nina is a member of Braintree Basketball Club through her club she was selected for U13 Country trials with a chance to play for the Essex team. Nina was lucky enough to be selected for the Essex team and went on to represent Essex at the East County Championships and they team were successful and won the tournament taking away the gold medal.

The PE department would like to congratulate Nina on the amazing achievement to be selected for the county alone. To come away with a gold medal on top of this is fantastic. Miss Hibble



Rounders

On Thursday 6th June 2019, The Ramsey Academy Rounders Team attended an Under 14's County Rounders Tournament at St Martin's School. The team played really well and finished up in 7th place overall. The team were: Niamh T, Lucy R, Katie H, Will G, Tom F, Jess H, Maisy C, Evie W, Kenza C-M, Nina P and Amelia G. Miss Danino



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District Athletics

On Tuesday 18th June a team of Ramsey Academy students attended the District Sports Competition at the Tabor Academy and Leisure Centre in Braintree. The team were:

Felmark F, Kaiden K, Harry C, Kellum S, Daniel M, Callum H, Thomas L, Harry S, Jamie GG, Tom F, William G, Maisie C, Katie H, Evie W, Jess H, Jess G, Nina P, Ameila G, Katie E, Natalie P, Lilly Mae-C, Rosie M, Erin P-J, Darcy C, Katie R and Will P

The team were a credit to the school and we had some excellent results with the following students placing in their events: Felmark F 1st place 100m, Natalie P 1st place hurdles pb, Maisie C 3rd place long jump, Harry C 3rd place 800m, Kellum S 1st place 800m, Callum H 2nd 200m, Daniel M 3rd 100m, Katie E 3rd long jump, Evie W 2nd hurdles, Tom L 1st 300m, Maisie C 5th 800m. Congratulations to all who took part. Mr O'Gorman and Miss Danino



Sports Day 2019

On Friday 28th June 2019, The Ramsey Academy enjoyed their Annual Sport's Day. Please enjoy seeing a selection of the day's pictures.



And the winners were...

Endeavour with a total of **206** points! **Aspiration** close runner up on **205** points and **Diversity** ended the day on **188**

Ramsey Academy Students take their Campaign to Unlock Education for Everyone to Parliament

On the 19th June, Tazmin and Max from Year 10 acted as representatives in Parliament for the national 'Send My Friend to School' youth campaign, calling on the UK to Unlock Education for Everyone.

World leaders have made a clear promise to ensure every child in the world gets a quality education by 2030. However, many children are 'locked out' of education simply because of who they are and where they live.

262 million children remain out of school around the world, excluded from education. To address this injustice, over 1000 schools and thousands of young people across the country are taking part in the Send My Friend to School campaign to 'Unlock Education for Everyone'. They are calling on the UK to lead globally, work with countries, and invest equitably in education.

Young people across the UK have been creating paper keys to depict the barriers to education that millions of other young people around the world are facing - including having a disability, being female in a place where gender discrimination is rife, living in a rural area, experiencing poverty or being caught up in an emergency.

They have added their own messages about why they think the UK should be a global education leader and sent these on to their MP.

Tazmin and Max were selected through a national selection process to champion the Send My Friend to School campaign as 'Campaign Champions'. Alongside 18 others they took this message to the heart of government through a Parliamentary Action Day - meeting with local MP James Cleverly, as well as other parliamentarians and ministers.

Tazmin said "It was an honour to represent the children across the UK who believe in standing up for a child's right to an education and talk to a variety of important MPs about the campaign. Not only did I come away from the day feeling proud that I had helped further the cause, but I also felt empowered, as I realised that no matter who you are, you are heard and your voice matters. I feel incredibly lucky to have had such an opportunity and I will remember my experience as a Campaign Champion for many years to come."

Max said "The overall experience was amazing, hearing the thoughts of many important people was really interesting. I am so glad that I got the opportunity to go along with the campaign".



Helen Price at The Ramsey Academy said: "This was a fantastic opportunity for Tazmin and Max, to represent the Send my Friend to School campaign, and to inform parliament of everything the school has done to raise awareness of this important global issue. I was exceptionally proud of both of them."

Hannah Nixon, Campaigns Manager for Send My Friend to School said: "Education is a basic human right for all children but despite this, 262 million receive no education and many more are in school but not learning. So I am delighted that Tazmin and Max at The Ramsey Academy are engaging with James Cleverly MP to demand the UK invests in the future of the world." Mrs Price

MP James Cleverly Visits The Ramsey Academy

On Friday 5th July, James Cleverly MP for Braintree and Halstead, visited The Ramsey Academy. He was invited in by Tazmin, Max and myself, as part of the 'Send my Friend to School' project. Students across Year 8 have been making paper keys to raise awareness of the 262 million children locked out of education. During his visit, one of these classes, 8H1, got to meet Mr Cleverly and tell him about their campaign. Special thanks go to Will, Yakup, Holly and Lucas who presented the issue. Mr Cleverly was very impressed with the students' knowledge of this issue, and their compassion towards children across the world who do not have the same opportunities as them. After presenting the campaign, the students had the chance to ask James Cleverly about other political issues such as the upcoming Conservative leadership contest, and his views on a range of global issues. Mrs Price



Record Breaking Rose Charity Swim

Rose V in Year 9 was involved in breaking a world record in the Swim4Cancer 100x400m freestyle relay. Rose reports, "On Sunday 30th June in Guildford, Sussex Sports Park, I got invited by my cousin Rory to take part in a 100X400 freestyle relay. He wanted to raise money for cancer research as both his grandmothers have fought against cancer and he gave me the opportunity to be involved. He invited swimmers from all over the country, including America to take part in the world record attempt. The old record that was set in Australia was 8 hours, 16 minutes and we beat the record in a time of 7 hours, 54 minutes. And so far we've raised over £30K and still on going!". Rose V Year 9



The Sex Factor

On the 20th June, as part of the school's statutory approach to personal, social and sexual health education, Tip of the Iceberg Theatre Company visited the school with their project "The Sex Factor". Year 9 students participated in a full day of theatre, workshops and discussions.

The focus of the day was about students taking responsibility for their choices and actions. Students had the opportunity to examine the difference between safe and unsafe behaviour and to explore how young people's personal experiences can influence this choice. They also discussed ways to empower young people to make informed and educated decisions about their lives and futures by highlighting the concepts of control, decision-making and self-esteem. Awareness was raised of teenage pregnancy, STI's, gender identity, sexuality, and confronting complacency surrounding sexual health and to providing correct and relevant information.



Year 9 students responded brilliantly to this day, and understood the importance of taking responsibility for their own health and safety and to seek the correct information about sexual matters, substance use and crime. The issue of sex was placed in the context of relationships relevant to young people.

This is the fourth year we have run this successful project, with the day aiming to empower young people to make educated and informed choices about their behaviour and their lives. It was clear that focusing on self-esteem, personal choices and decision making with the intention of exploring the causes and solutions surrounding teenage issues, was a relevant and valuable focus for our students. Mrs Price



Maths Challenge- George Kidnap!



This half term's Maths Challenge was created with a backstory in order to enthuse the pupils and give them a purpose to their maths.

George was kidnapped early in the day of Monday 20th May 2019 - the kidnapper a mystery. A ransom note was left and part of the ransom note conditions insisted that the pupils solved a number of mathematical problems in order to eliminate suspects. There were 8 suspects highlighted by the police for being the vicinity at the time of the crime. The pupils were given data on the suspects and had to use formulas to eliminate people on the basis of storeroom capacity, BMI, speed and temperature.

The clues then led them to a department and they had to use their observations skills in order to spot a clue and locate George and the motive. The first form to complete the maths, identify the suspect and locate George and the motive would be the winner and receive a bounty. Until then poor George was bound and blindfolded in a mystery location! Ms Shields

MISSING



Name: George
13 Years old, Male
George has spend most of his life either in the locality and more recently at Ramsey Academy. he has been kidnapped and we are looking to the students to contribute to his SAFE return.

REWARD

IF YOU HAVE ANY INFORMATION
Let the maths department
know

And the winner is....

Congratulations to 9E1 who were the first tutor group with a complete and correct entry.

The kidnapper was Mr Charlton, who took George after he repeatedly stole and ate his bananas. He didn't think that George's poor behaviour was being dealt with severely enough as he loves his bananas. Ms Shields

Food Technology Focus Day

The theme for Focus Day was to create an Italian three course meal. The preparation and cooking would involve many advanced skills to produce good quality, flavoursome dishes.

The group of 13 students were split into 3, each team was responsible for one part of the meal. On starters we had James L, Kara FG, Maddie S and Ivan S. They made ciabatta & focaccia bread, a smokey, herby tomato soup and bruschetta.

On the mains team we had Kiane M, Josh D, Ellie H, Jake VB & Caitlin W. They prepared



minced pork & beef for the ragu along with a variety of vegetables and made fresh fettuccine and Gnocchi dumplings.

On the dessert team Keira H, Libby J and Ben J made lemon mascarpone and strawberry tarts and pannacotta with a raspberry compote.

The food was taste tested by Mrs Gerrard and Ms Allen who most definitely gave it all the thumbs up! A Big Well Done to all involved. Mrs Bushell



Royal Marines Training Day

On Tuesday 18th June, some Ramsey Academy students were lucky enough to be put through their paces in a gruelling Royal Marines Experience Day. After a very professional and inspirational talk



about life and careers as a Royal Marine Commando, students took part in a full day of physical training and team challenges. William B, George C, Sam C, Ben C, Ryley C, Josh D, Jamie D, Harrison D, William

F, Bobbi F-M, Ewan H, Isaac H, Frasier H, Alfie H, Morgan J, Ben J, Sam K, Bradley C, Dylan Mc C, Charlie M, Bleu M, Liam P, Owen S, Owen P, Robin P, Millie R, Jack R, Harrison R, Santini R, Billy R, Raul S, Ewan S, Ben S, Amy S, William S, Sam T, Akif U, Sam B, Ben W, Hannah W and Ellie W were lucky enough to be chosen to take part in the full day experience.



The day was a tough challenge with everyone pushing themselves to their max. The event finished on a high after some last question and answers with the officers. Students were then asked by Mrs Barnes to write down the answers to specific questions:

What was the most challenging part of the day? Overwhelmingly the answer came out as carrying other people around.



What was the favourite aspect of the day and why? This came out mostly as the physical training session, the challenge it presented and the need for teamwork.

What did you get out of the experience? The answers to this coming out as respect for the Marines, pride in their own determination, enjoyable cardio workout and a couple of the students felt inspired to possibly join the Royal Marines Commando's in the future. For more information about the Royal Marines please visit their website: <https://www.royalnavy.mod.uk> Mrs Barnes



Hedingham Castle - History Trip

On Thursday 16th May, Year 10 History GCSE students visited Hedingham Castle - the site has been chosen as the topic of Local History that makes up a fifth of the grade awarded to students at the end of the GCSE course. The physical features of the castle are heavily focused upon throughout the course, hence why it was vital that the trip was conducted.

With the expertise of our History teachers from the Humanities Department, we were led through all five floors of the Keep as well as its elegant gardens. At the very top of the 110ft castle stood the remaining two of the four watchtowers that were originally built as a means of defence in the medieval time period. Underneath the roof was the dormitory floor which was where, before the addition of the mansion house in the Georgian era, the owners (the deVere family) and any highly important guests would have slept, often in alcoves. Beneath the dormitory floor was the minstrel gallery that stood just above the Banquet Hall - this was where musicians and entertainers would amuse the guests of the day during a ball. The Banquet Hall itself is reflective of the Norman time period in which it was built -



chevrons decorate the plasterwork of the arches and stone above the fireplace. The

Hall is also host

to the largest arch in a domestic building in Western Europe - the 28ft arch in Hedingham Castle is highly impressive still even today. The penultimate floor is the garrison floor, which would have been where soldiers and blacksmiths were stationed. The basement at the bottom was originally used for storing food and water, and it is known that there was also a water well on this floor as well.

Of course, in the centuries since its construction, the Keep and the grounds have changed dramatically, hence the absence of the forebuilding and drawbridge, the stunning mansion house that sits not too far off and the intricate design of the gardens and the lake that surround the castle. These changes are also key to note, as they are reflective of the castle's owners within different time periods.

The trip was very insightful and has had an impact on the lessons surrounding the topic - it is a lot easier to link knowledge and subject specific terminology to the physical features that we have seen first-hand. Although the spiral staircase was a bit tricky to navigate, all enjoyed the trip - especially the photos - and wrote some useful notes that will certainly come in handy in the future. Tazmin S Year



MEITT Trainees

Massive congratulations to our MEITT trainees who have all passed their teacher training year with flying colours. They consequently have all secured employment for their NQT year with Adam Downes and Julie Fisher remaining at The Ramsey Academy. Mrs Price



Adam Downes



Anna Pen



Jarek Jewczak



Julie Fisher

Braintree Volunteer Awards

On Thursday 6th June Hannah B, Max D and Bobbi F-M attended the Braintree District Volunteer awards. These awards recognise the role of individuals and groups who give their time freely to improve the lives of others. The award winners were given goody bags from local businesses to thank them for their efforts along with certificates.

Max was commended in the Inspirational role model

category which recognises volunteers who have made an exceptional contribution by inspiring others to achieve outstanding success, or who inspire with their achievements. They may have overcome adversity or difficulties and are shining examples to all of us. Max was nominated for his efforts with his cadet group, which has included helping to run the club and supervising the younger participants.

Bobbi achieved her commendation in the long service award category which is awarded to volunteers who have shown exceptional long service to celebrate the effort and commitment they've shown over a number of years for her work with her local guide group over the last 3 years.

Hannah B won the award for Going the extra mile award which acknowledges those who go above and beyond normal expectations in their volunteering role and who may have taken on one or more special initiatives to help others and the organisation.

These students have shown dedication, resilience and leadership skills and have made a really positive impact to our community.

A huge congratulations also to Alfie H, Ellie W and Ewan S who were also nominated for awards this year. Mrs Perrins



The Tower of London Trip

Student Reviews of the day.

"On Thursday 20th June, nearly all of Year 7 left school at 7.45 am to go to the Tower of London. Once we got inside the Tower of London, we went to the White Tower. Inside the White Tower, we saw lots of armour, including Henry VIII's and armour for horses in battle. We also saw lots of weapons including axes, guns, spears and swords. I found out that in the Tower of London, there were lots of ways people were tortured. A way they were tortured was with the rack, where people would be stretched from their arms and legs. Ways people were often tortured was by either being crushed or stretched."



"I enjoyed visiting the Tower of London because I learnt lots of new things and could see what armour, weapons and objects were used there in that time. I also enjoyed it because you could see things in person instead of through a book or photos". Katie R.

Brandon J, "The Tower of London was really great. It looked amazing and seeing the crown jewels was really cool. I also found out that the Tower of London used to be a barracks, a zoo and a prison. It was a very informative trip and I enjoyed it."

Ashleigh T-G, "I learnt many things while at the Tower of London about different historical figures and these things really came to life when seeing the different towers and armoury. I really enjoyed the experience of going into the towers and getting to see what life was like many years ago."

Harry C, "I learnt a lot at the Tower and enjoyed seeing the dragon and Henry VIII's armour."

Kaiden K, "My experience with the Tower of London trip was interesting. I believe the most intriguing part of the trip was seeing the crown jewels and just how many crowns there were. It was a fun experience to be inside the Tower and looking at the different suits of armour and seeing how they differed in terms of size and style. Henry VIII's was particularly surprising!"

Albie O, "The Tower of London was really good because all of the information was really interesting. I loved the fact we stopped for ice-cream too! We saw lots of different weapons and learnt what the soldiers had to wear. We even got a chance to build a castle in one of the activities in the White Tower."

Year 11 Art & Technology Exhibition



On Thursday 4th of July, the Ramsey Academy held their annual art exhibition for Year 11 students and their parents. The exhibition involved displaying the amazing Art, Ceramics, Food, Textiles and Product Design work produced by Ramsey students. As the parents of the talented pupils, governors and students themselves, had a look round the work, they could see the true potential of the creators who felt rightly proud.

Three Year 10 students were involved in setting up the exhibition and they also prepared the delicious food. They welcomed Year 11s and their parents. "We had a great time helping out and seeing the outstanding work done by students at our school. It goes to show what Ramsey students really can do". Rosy T, Mia T and Billy R Year 10 Please enjoy our artwork by visiting : <https://www.ramseyacademy.com/photo-gallery/s-86/2019/art-and-technology-exhibition>



Day Trip to Walton on the Naze

On



Thursday 20th June, 54 intrepid GCSE Geographers set out to Walton-on-the-Naze ready to complete their fieldwork. This fieldwork is a crucial part of the GCSE course, as it is part of their third paper and 15% of their final grade. The day was split in two: physical fieldwork in the morning and the human fieldwork in the afternoon. For the physical fieldwork the pupils tried to prove their hypothesis that longshore drift at Walton would move north along the coast; whilst battling a quickly rising tide, trying not to lose oranges and drawing some beautiful field sketches, they collected their data. In the afternoon, the pupils moved into Walton's town centre and undertook questionnaires and environmental quality surveys along with other tasks to determine whether or not Walton has environmental challenges. The pupils were an asset to the school and showed their already extensive Geographical prowess. Now back at school, all three Year 10 classes are recapping the day and ensuring they have a complete set of notes ready for their exams next summer. Miss Hilton



Ramsey Support Chappel and Wakes Colne Fete

On 29th June Mrs Gerrard, Jessica G and Jessica H went to Chappel and Wakes Colne Fete to do face painting for Chappel Primary School and Ramsey. We raised £17.00. There were lots of children wanting to have their faces painted, even though it was an extremely hot day! The money that we have raised will go towards Chappel Primary School and some of it will be used to buy our Year 8 class some new fun materials to work with. It was an exciting day with lots of events, stalls and activities going on for the school and community. Jessica H



IET Faraday Champions Win Another Award

On Wednesday 26th June, our highly successful team of Year 8 engineers headed off to London to present their final project at the IET Faraday Challenge awards afternoon.

This required the girls to present their ideas about how space exploration has evolved and the direction they feel future exploration should go.



The afternoon was divided into three sessions, with each group either receiving



certificates, giving presentations or judging presentations depending on the rotation.

After receiving their initial certificates for reaching the finals, the team headed up to the presentation room to share their ideas. Once again this was done with professionalism and in the face of some extreme questioning, the Ramsey girls did their school proud.

The final part of the day was a keynote speaker who was working on the James Webb telescope and the presentation of the seven

awards that were being voted on and awarded that day. To the surprise of the team, they secured yet another award. This was for the team the judges would most like to spend a day with.

This award speaks volumes for the way the girls have conducted themselves throughout the competition and something they should be extremely proud of.

Unfortunately, we did not quite make the national finals, but there is always next year. Mr Hendry

Colchester Zoo Competition

Thursday the 4th July saw the culmination of this year's Colchester Zoo competition which required teams to present their ideas to the judging committee at the zoo. The brief for this year was to design an interactive/automatic feeding system for the new chimpanzee enclosure.

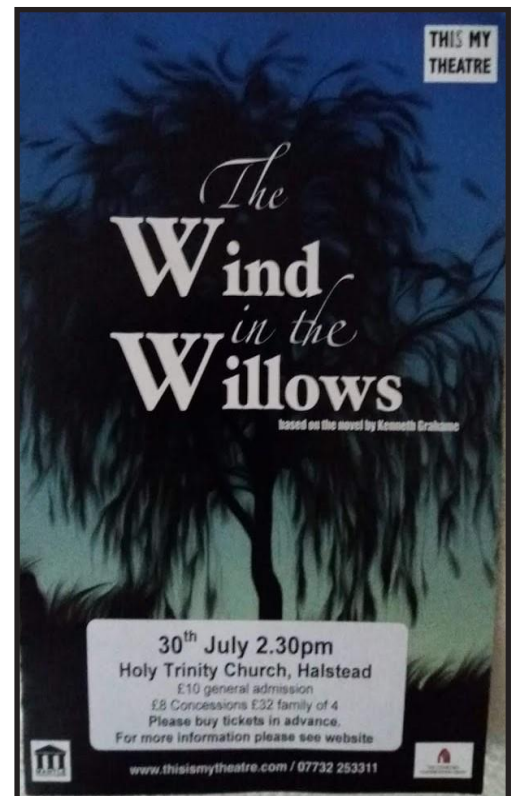
Our intrepid entrant, Charles, based his design on a child's shape sorter toy as this would provide not only a physical task for the animals but also mental stimulation as hunting for the shapes to put into the device mimics their foraging in the wild.

Charles was the first entrant to deliver their presentation and set the standard very high indeed with the other six schools left in no doubt they had their work cut out for them.

Upon the completion of the presentations, the judges left the arena for a brief chat before returning to deliver feedback on all the designs and announce the winners.

Unfortunately, this time, we were pipped at the post, finishing runner up to a very experienced and older team from the Gilbert School; this has not dampened the spirits of our budding engineer as he is already anticipating next year's competition.

Mr Hendry



'This is my Theatre' present: The Wind in the Willows Production: At 2:30p.m. on Tuesday 30th July at Holy Trinity Church, Halstead. £10 admission £8 concessions.

Trip to Daws Hall



On Thursday 20th June 2019, a band of 23 intrepid Year 10 students headed off to Daws Hall Nature Reserve which for some students, may have been their first experience of not only learning about their local ecology, but also the work being done to try and preserve our native species.



The day started with a brief overview of the day followed by an introduction to some of the local inhabitants, much to the amusement of the group as the sight of a local resident taking off across the lawn caused a much larger visitor to jump about 3ft in the air.



From there we then went to look at a vast array of moths that had been humanely trapped the night before; this was a source of awe for the group as many of these moths were unknown to them and to see them up close definitely gave an insight into their evolution.

After a short session of meadow sampling the group had a short lunch break before heading down to a small brook to do some sampling and water analysis experiments. Once again, our students took to the task in hand with great enthusiasm and completed their experiments in a timely and safe manner.



The day concluded with a final debrief from Amy, our host for the day, before heading back to Ramsey with many of the conversations on the minibus being centred around the experiences of the visit and the wildlife they had met. All in all, this was a very successful visit.
Mr Hendry

Parish Council Event

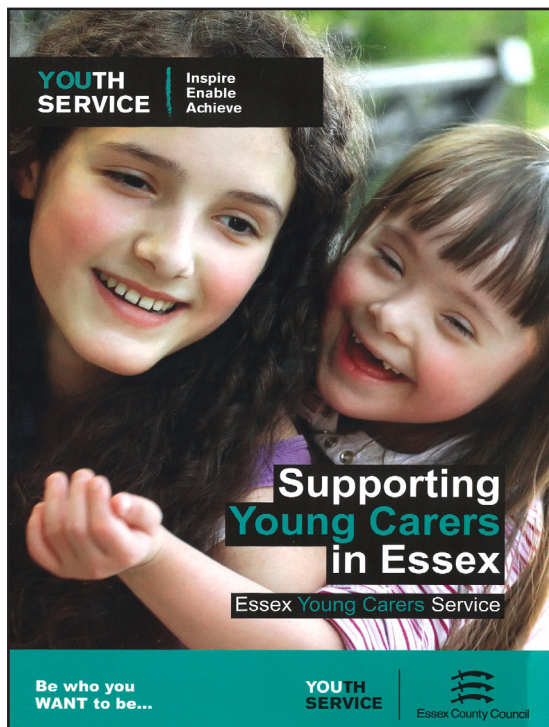
Being a student who lives in Earls Colne we were selected to take part in a programme to help investigate how Earls Colne could improve. Before we went around to the tutor groups, we had a meeting with the Earls Colne Parish Council to discuss how the research was going to be gathered and they asked our opinion about we thought about



Earls Colne. We were then assigned a year group to be responsible for from this we went around forms, had a conversation with the form, made them aware of the project, and checked who lived in Earls Colne to complete the questionnaire. Once all the surveys were completed we then analysed the data and created resources to help back up our findings which will make it easier for the Parish Council to present the overall findings of the school. Within our groups, we then had to deliver our findings to the Parish Council when we returned back to school on Monday 24th June.

Bobbi F,M, Mia C, Caitlin W and Melissa M

Information for Parents, Carers and Students



YOUTH SERVICE Inspire Enable Achieve

Supporting Young Carers in Essex

Essex Young Carers Service

Be who you WANT to be...

YOUTH SERVICE Essex County Council

Who is a Young Carer?

Young carers are children and young people under 18 years old who provide regular and on-going care to another person who is physically or mentally ill, disabled or misuses substances.


Young Adult Carers are aged between 16 – 24, and can also access support from this Service.

Many young people don't see themselves as carers and may not realise there is practical and emotional support available in Essex.

You may be a young carer if you:

- care for a family member, because of illness, disability or old age
- help someone with bathing or dressing, going to the toilet or getting in/out of bed
- need to cook for your family
- look after money or organise the family budget
- help anyone to take medication regularly
- collect prescriptions or benefits on behalf of someone else or go shopping for the family
- look after brothers or sisters, by taking them to school, doing their laundry, or cooking their meals
- take care of housework such as dusting, hoovering, washing or ironing
- speak on behalf of someone who has difficulty speaking or communicating for themselves
- translate or interpret for someone at home

Personalised support to young carers and their families

How can the young carer key workers help?

- We offer free personalised support to young carers and their families that will be developed with you around your need for help and the caring you do.

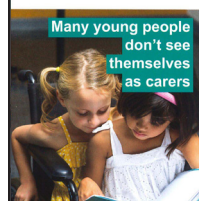
The service offers:

- Confidential one-to-one support with a dedicated key worker in the area you live, including telephone support.
- Information, advice and guidance and assisting you to access other services to support you as a young carer.
- Training opportunities e.g. moving people safely, building confidence and self-esteem, fire safety and access to counselling services if needed.
- Recreational activities to take you away from your caring role and meet other young carers and make new friends.
- Transition to adult carer services as you come up to 18.

The Effects of being a Young Carer

- you have responsibilities at home that prevent you from spending time with your friends, or inviting them around your house
- you feel sad, angry, guilty or embarrassed about the help you give to anyone at home
- you feel upset that friends don't have the same responsibilities
- you avoid telling anyone outside the family about your home situation.

Many young people don't see themselves as carers



Where can you access the Essex Young Carers Service?

- Key workers are available across the whole of Essex and will be based in your local area.
- They will visit you at home, school or somewhere else at an agreed time.

Apprenticeship Opportunities

An ideal opportunity for a year 11 looking for a sports based apprenticeship:

<https://www.findapprenticeship.service.gov.uk/apprenticeship/-438130>

Another opportunity, this one is customer service/admin but within a local law firm:

<https://www.findapprenticeship.service.gov.uk/>

How can you access the Service?

Families or Young Carers themselves can self-refer or a referral can be made by professionals including GP's, NHS staff, Social Workers and Teachers.

PLEASE CONTACT US FOR MORE INFORMATION AND ADVICE:

Essex Young Carers Service
Senior Key Worker (Mid Essex)

Lucy Freeman
07721348906
lucy.freeman@essex.gov.uk

James Robinson
07809514827
james.robinson@essex.gov.uk

This information is issued by:
Essex County Council
Essex Youth Service

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Twitter: @youthservices
Facebook: essexyouthservice

The information contained in this document can be translated, and/or made available in alternative formats, on request.
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Contact us:
youngcarers@essex.gov.uk
youth.essex.gov.uk
0345 743 0430

Essex Young Carers Service
Essex County Council
PO Box 47, County Hall,
Essex, CM2 6VN



Sudbury Quay Theatre Summer School

To book a place use the link: <https://www.ramseyacademy.com/news/item/sudbury-quay-theatre-summer-school>



SUMMER SCHOOL OF PERFORMING ARTS

For Young People aged 10-16 year

OUR 25th YEAR!

Monday 29th July – Saturday 3rd August 2019
Monday to Thursday 10.00am – 4.30pm
Friday 11.00am – 8.00pm
Saturday 4.30pm – 9.00pm

The theme for this year is "Heroes and Villains" in a broad range of roles from comic or bizarre to serious. The workshops will cover Dance, Working with Props, Directing, Musical Theatre, Stomp Workshop (percussive sounds and rhythms), Improvised Comedy, Character Accents, and of course Stage Fighting. The week will conclude with two performances in the auditorium as a showcase for the skills learnt over the week.

To find out more or for an application form, contact the Box Office on 01787 374745.

Dates For your Diary

Friday 26th July - End of Summer Term

Monday 2nd September - Non-student day

Tuesday 3rd September - Non-student day

Wednesday 4th September - Students to return to school

Thursday 26th September - Open Evening

Friday 25th October - Last day at school Half-Term

Monday 4th November - New Half-Term begins

