



Ramsey Voice

Updates Newsletter

"Aspiring to be the best you can be"



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Note from The Head

Welcome to the fourth edition of this year's Ramsey Voice. We appear to be hurtling through the year towards GCSE examinations, but the planning has already started for next academic year to ensure we build on the improvements at Ramsey in recent times. We are delighted that yet again we are oversubscribed with Year 7 applications for September: achieving one of our key aims of being an 'outstanding school in the heart of the community' and showing that we are becoming the 'first choice' school for many families in Halstead and the local community.

Throughout their school life students will be expected to face different challenges and learn to adapt to new situations. There is a saying "the only constant in education is change". This is true and we are continually modifying our curriculum and extra provision to ensure students are prepared for the modern world; including the things that don't yet exist. Recently we have worked hard to prepare students for the reformed GCSE examinations, higher expectations for good quality careers advice, develop their mental wellbeing and introduce a variety of other government initiatives in addition to readying the school for the new Ofsted accountability framework. All this has been completed with a reduction in real terms funding and the potential of further cuts to the school budget in the next few years. We are continually raising this issue with local Members of Parliament and the Government. I would urge you to do the same if you feel you are able to do so: adding more pressure to properly fund our education system to provide the best possible start for our young people.

Within this edition you will see a number of articles that may surprise you, when as parents, you think back to your experiences in school. Physical Education lessons now consist of many 'lifelong activities' and new sports or activities, including handball, cheerleading, curling, indoor athletics and a variety of fitness activities, which complement the traditional sports on offer. Congratulations to the Year 8 Boys' Handball Team who were recently crowned Essex County Champions.

One of our aims is to engage parents in supporting us for the students to 'be the best they can be'. Please take the time to read the articles that offer advice to support careers and wellbeing.

Particularly pleasing this term has been the success of the students attending 'The Brilliant Club'. This is a new initiative, providing an additional challenge for students to work with university post-graduates and explore the expectations of higher education studies. Due to the students' success and positive feedback more courses will be arranged in the future. This opportunity forms part of the provision for Able & Talented students to extend themselves outside the classroom. Other activities include Rocket Club and Faraday Challenge, which involves competing against other schools.

All of the articles in this and all editions of the Ramsey Voice, involve students adapting to and embracing change. They have to be prepared to rise to the challenge, experience new ways of thinking, explore different ways of solving problems and learning new skills, which can be demanding. This in turn requires resilience, dedication and the ability to learn from failure. We aim to encourage our students to embrace difficult situations and develop the skills to adapt to new challenges. The words and thoughts of Charles Darwin, the English naturalist, geologist and biologist, best known for his contributions to the science of evolution support this approach:

"It is not the strongest of the species that survives, nor the most intelligent that survives. It is the one that is most adaptable to change".

Business Managers Marathon Run

On the 28th April 2019, our Business Manager, Kendra Walters, will be running 26.2 Miles at the London Marathon in order to raise money for her chosen charity, 'Kings College Hospital Neo Natal Department'.

Kings College Hospital helped Kendra through a very difficult time in her life when she encountered problems in her third pregnancy.

Kendra is a keen runner and previously completed the Halstead and Essex Marathon in 2017.

We are sure you will join us in wishing her the best of luck!

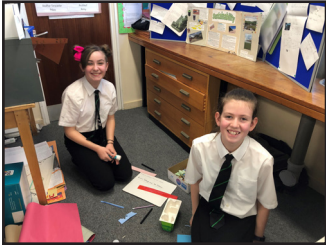


If you would like to help Kendra raise money for this worthwhile cause, please donate via this link <https://uk.virginmoneygiving.com/KendraWalters>



Geography Junk Modelling

On the last day of half-term, Year 7s had a fun afternoon making junk models. The topic was to make something representative of anything they had learned so far in their geography lessons since joining The Ramsey Academy. The results were very imaginative, and the students seemed to really enjoy their afternoon's creative session. The topics covered were: Squatter settlements, coral reefs, glaciers, tigers and hurricanes! Mrs Crabtree



The Brilliant Club Graduation

Last term, students received and celebrated their grades for the essays they completed over the Christmas break on Crime and Punishment in Imperial Russia.

The overall standard was extremely high which brought thoroughly deserved praise from Mark Vincent, their PhD tutor.

Following on from their assignment feedback, the next week saw us attending a graduation ceremony at Peterhouse College in Cambridge. Over the course of the day, the students completed further tasks to try and prepare them for the possibility of life at a highly selective university.

The day culminated with the students receiving their graduation certificates and providing feedback regarding the course.



Overall, they found it challenging as it was a different style of teaching and a subject area they had yet to have experience in, but also stimulating and engaging for, ironically, the same reasons.

Our team of twelve once again did our school and community proud and will hopefully take the skills learned in these sessions forward into their future studies. Mr Hendry

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Year 7 Football

The Year 7s had their first ever football game for Ramsey against Alec Hunter. The team started well but Alec went 2 -0 up quite quickly. The boys kept on working hard and just before half time we were able to get a goal back to make it 2-1. After a motivational speech and some tactical changes the boys started the second half strongly but couldn't seem to find the net. Unfortunately, Alec scored another goal off a quick counter attack which meant we were 3-1 down with not more than 15 minutes to go. After another tactical change, the boys went for it and played their hearts out, quickly scoring a goal to make it 3-2. Once this goal went in the boys looked motivated and you could tell we were going to score more goals high we did. Levelling it up with about 5 minutes to go, Mr Child and his assistant manager, Callum, decided to go for it and pushed another player up which resulted in a calm and collected finish with 2 minutes to go. PARK THE BUS is what happened next to finish out the game 4-3 winners. This is a great game with every player playing well and it was a great game for parents to watch with a number of them cheering both sides on. The Ramsey team were: Harry, Lewis, Freddie, Brandon, Kellum, Ryan, Preston, Harry, Alfie and Levi. Mr Child

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Football Matches

On Wednesday 7th March, our Year 7 team hosted a football match against New Rickstones Academy. We didn't win this tough fought game against strong opposition, but gave it our all - The Ramsey team were: Harry, Lewis, Freddie, Brandon, Kellum, Ryan, Preston, Harry, Alfie and Levi.

Other matches Round-up

Year 7 Vs Tabor Academy 6-1 to The Ramsey Academy

Year 8 Vs Tabor 8-1 to The Ramsey Academy

Year 8 Vs New Rickstones 7-2 to The Ramsey Academy

Year 8 Vs Alec Hunter 1-1 Draw

Year 9 Vs Tabor Academy 5-1 to Tabor



Congratulations boys! all three year groups have made it through to the semi-finals. Mr Child

Netball Tournament

A team of Year 8 girls, Zara C, Katie H, Nina P, Daisy H, Niamh T, Maisy C, Olivia B and Jess H played a netball tournament at Helena Romana School at the start of March. The first game was against Honeywood and Ramsey won 3-0, then our next game was against Helena Romanes School and Ramsey won 1-0. After that we played Maltings, winning 3-0; and finally we played Rickstones, winning 3-1! This then took us into the finals and, unfortunately, we lost to Notley! We came 3rd overall and came home extremely proud! Altogether we felt we had improved our game play and our defending and attacking was much better. Although we lost our final game, we still have our heads held high and cannot wait to play our next game. We felt our control, passing and concentration was a lot better and our leadership was excellent. We want to say a big thank you to Zara for all her support as a captain and especially Miss Hibble for taking us and teaching us all the amazing skills we are all able to now achieve! Well done Year 8 Ramsey, you were amazing! Team article



Curling Competition

On Monday 4th March I went with Keira B and Mia-Grace S to a Curling competition at Basildon Sporting Village. I was really nervous but more excited. We had to aim at a target, which was really difficult, with curling stones. If you were too powerful they shot past the target; if you were too weak they wouldn't reach the target. There were 12 schools participating but, although we didn't win, we had lots of fun. Jemma J-L - Year 8



Sportshall Athletics Final

On Thursday 14th March the following boys competed in the Essex Spring School Games- Secondary Sportshall athletics final at Southend Leisure & Tennis Centre:

Felmark, Ryan, Kellum, Harry, Kaiden, Lewis, Preston

The events they competed in were the following:

Felmark- 2 lap race, 4x2 lap relay, shot

Ryan - Obstacle relay, 8 lap paarlauf, speed bounce

Kellum - obstacle relay, 4 lap race, standing long jump, standing triple jump

Harry - obstacle race, 6 lap race, speed bounce standing triple jump

Kaiden - obstacle race, 4x2 lap relay, standing long jump, vertical jump

Lewis - 4 lap race, 8 lap paarlauf, 4x2 lap relay, vertical jump

Preston - 2 lap race, 4x2 lap relay, shot

The boys performed really well and were against the top schools in Essex. We ended up coming 8th overall. Miss Hibble



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Handball Champions!!

On Tuesday 19th March 2019, our Year 8 team won the Essex County Handball competition against 5 teams. This means we are through to the next stage and will compete against the best teams in the east of England at some time in May to be confirmed. Ramsey Team: Bobby T, Tom F, Oskar R, Will G, Jacob P, Millan H, Finley B, Kieran D.



Our Year 10 team also came 3rd against 6 teams. Ramsey Team: Kiane M, Ben W, Alfie H, Josh D, Bleu M, Will F, Ryley C and Sam T.



Congratulations to both teams! Mr Child

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Netball Success

On Wednesday 27th March, the Year 7 and 8 teams played their final friendly netball match of the season. The Year 8 girls made up of a team of Zara C, Katie H, Nina P, Daisy H, Niamh T, Maisy S, Olivia B and Jess H played against Alec Hunter and the won 27-0. The team of Year 7 girls made up of Sienna Z, Mollie M, Melissa A, Lily M, Katie E, Katie R, Risie M, Rosie P and Katie Y, played against Alec Hunter and the score was 14-6 to the Ramsey Academy. Congratulations girls. Miss Hibble



Healthy Schools Award

The Ramsey Academy have again been successful in achieving the Essex Healthy Schools Award - Foundation Status.

The Foundation Stage enables schools to gain and maintain Healthy School status against a criterion that supports all aspects of health including the PSHE and SRE agenda. It also helps to provide the first step in identifying priorities for Enhancement. Schools are able to use a locally produced benchmarking tool against which they self-evaluate. The Foundation Stage is revalidated every two years.

Kim Chapman collected the award on behalf of the academy. The ceremony was held at the Chelmsford City Racecourse on the 19th March 2019. Mrs Walters



Keep in touch

Please Follow us on our Facebook and Twitter feeds and never miss out on any important dates and information. Find links to letters for school trips, careers events, great photographs of events, helpful advice and much more

<https://www.facebook.com/ramseyacademy>

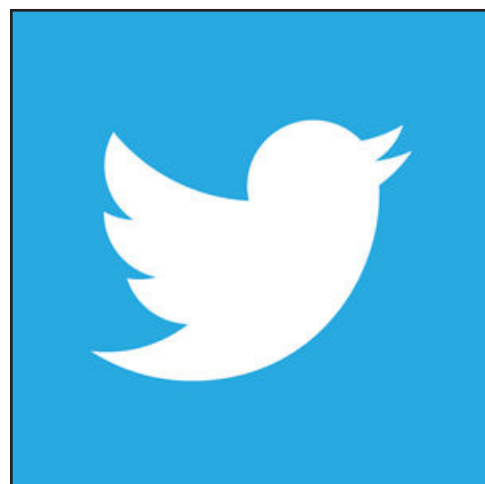
<https://twitter.com/RamseyAcademy>

Also please check out our website <https://www.ramseyacademy.com/>



A reminder...

Please could we have back at your earliest convenience, completed Tower of London permission slips and deposit payments for Year 7s and Summer Term Music lesson forms and payments. Miss Perrins and Mr Lewis-James



Employer Visits at Ramsey Academy

We have been continuing with our exciting employer drop ins which take place on a Wednesday lunchtime. Our recent visits have included professionals from various industries.

Students were able to ask questions and learn about the various industries from a working professional. These are invaluable sessions and we welcome students' to come along to any that captures their interest.

We would like to thank the employers who have been involved in this project. We hope to continue this and invite any interested employers to attend. We would like to thank:

Kew Law
Richard Edwards Group
Armed Forces
Bright Lights Creative
Maycast Nokes
Stow Health care
Provide Health Care

If you would like to visit and speak to students about your own career we are keen to welcome more local employers! We hold the sessions every Wednesday during lunch (1.10pm). Please contact Laura Eaves: leaves@ramseyacademy.com

Mrs Barnes and Mrs Eaves



Please note that the visit from Easton and Otley College will now be after the Easter break

Subway- Your Way Day!

On Wednesday 3rd April, the Ramsey Kitchen Staff are organising a 'Subway Your Way Day' for students.

Students can pick their fillings from a list of : ham, beef, turkey, cheese, lettuce, tomato, cucumber, coleslaw, onion, beetroot, ketchup and mayo with optional butter. Both baguettes and rolls will be available.

The cost will be: £2.40 for a baguette and a drink or £1.80 for a roll and a drink. Mrs Lilley



Exam lunchtimes 2019 and Timings

Exam season 2019 - early lunch will take place from Monday 13 May 2019 - Thursday 20 June 2019 inclusive to accommodate our summer examinations. Lunch will be from 12.10pm- 1pm.

Lunch will return to its original time on Monday 24 June 2019.

Revision and exam Timetables and helpful Exam guidelines and pamphlets are available on our website. Follow the link for more detailed information. <https://www.ramseyacademy.com/student-exam-information>

Miss Emberson

A graphic with a dark blue background and yellow text. The text reads 'GCSE Exam Results Day 22 August 2019' in a bold, sans-serif font. The date '22 August' is on a new line, and '2019' is on the final line.

**GCSE Exam
Results Day
22 August
2019**

Letter from First Intuition, Free Accountancy Summer School

Dear Ramsey Student,

We're delighted to offer you the chance to find out more about accountancy and the job roles available in this industry. We know that many students are attracted to careers in finance and accountancy but are confused about the routes they can take and what the opportunities are.

Once again, we are running our FREE two-day Summer School which aims to provide an insight into our industry and will cover:

- Introduction to accountancy
- Understanding various roles within finance and what the role of an accountant is within the world of work
- Routes to qualification including apprenticeships
- Interview skills
- CV surgery
- How to apply for roles in finance including writing cover letters
- Communication and office skills
- Practical exercises with a task for students to work on in groups and present, as a team.

The details are as follows:

Location: First Intuition, 1st Floor Aquila House, Waterloo Lane, Chelmsford, Essex CM1 1BN

Date: 10th & 11th July 2019

Time: 9.30am - 3.30 pm

If you feel that your students would be interested and would benefit from this event, please forward this email so that they can book a space directly with us. We would like to reassure you, at this stage, that any student details collected as part of the sign up, will only be used for this event and not for any other marketing purposes.

Who we are

First Intuition are an accountancy tuition provider based in Chelmsford. We work closely with local companies to ensure we are providing accountancy training that meets the needs of employers now and in the future. We offer a range of qualifications including AAT, ACCA, CIMA and ICAEW, all of which can be undertaken as part of an apprenticeship programme. Working with employers, our apprenticeship schemes not only provide the technical training needed at work but also develop business and professional skills whilst ensuring apprentices receive the support they need to qualify and become an asset to their company.

If you have any questions in the meantime, feel free to speak to myself one of the team at chelmsford@fi.co.uk or on 01245 209900.

Kind regards,
Shelly Tweed
Marketing Executive

Book Now via the link
[https://zq345-490ff9.
pages.infusionsoft.net/](https://zq345-490ff9.pages.infusionsoft.net/)

A promotional graphic for the First Intuition Summer School. It features a green background on the left with white text, and a black and white photo of a smiling woman on the right. The text includes the company logo, event title, dates, times, target audience, and contact information.

first intuition
where people count

Join us for
our FREE
Accountancy
Summer
School

10th-11th July 2019
9.30am-4.15pm

Designed for students aged 16+
who are considering a career in
Accountancy and Finance.

First Intuition
First Floor, Aquila House
Waterloo Lane
Chelmsford
Essex
CM1 1BN
Tel: 01245 209900
Email: chelmsford@fi.co.uk
Website: www.firstintuition.co.uk



Aspiration Charity Week - The Smile of Arran

Once again, Aspiration have chosen to support the Smile of Arran Fund in memory of a local teenager, Arran Tosh, who sadly died from a brain tumour at 13 years old. Arran was an inspiration to everyone in the way he worked tirelessly to raise funds for Cancer UK. His mum, Alison Tosh, has given two awards to the Academy in recognition of our effort which will, in turn, be awarded to students who demonstrate a kind and thoughtful community spirit. Please visit the website for more information about how Arran's legacy is supporting other families in need and hopefully will find a cure for childhood brain tumours: www.smileofarran.org



Aspiration took part in a range of fun activities including: daily cake and sweet sales, Staff vs Students basketball and netball matches, Lip-sync battle, Ramsey talent show, enormous cake raffle, busk stop, non-uniform day (wear an item of green clothing), sponsored walk (or run) and a disco for the children in Year 7 with glow sticks and refreshments. What a busy week! Thank you all so much for all your generous support. It is quite overwhelming, but also inspiring, when Ramsey students join in wholeheartedly to support such a worthy cause. The hall was packed to capacity for the Lip-sync battle and the talent show. The total raised during the week so far is an amazing £1,700. This doesn't include the sponsored walk money which we are still collecting! Mrs Sims



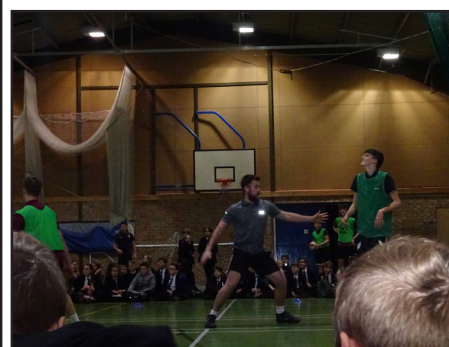
Staff vs Year 11 Students Netball Match

Final Score: Staff 15 Students 4



Staff vs Year 11 Students Basketball Match

Final Score: Staff 33 Students 14



Lipsync Battle



And the winner is....

Ivan S, Levi H and Thomas B
for their brilliant version of
Perfect by Ed Sheeran



Ramsey's Got Talent & Cakes!



Raffle Cake
kindly donated
by Mrs Smith



Year 10 Careers Fair

On Thursday 8th March 2019, the whole of Year 10 visited Colchester Institute, Braintree Campu, to attend a Careers Fair. Our wonderful Year 10 students engaged with local employers and colleges to find out about apprenticeships and other qualifications and found the event to be inspiring in helping with their future decisions. Mrs Barnes



Health and Social Care Visit from Stow Health Care

The Year 10 and 11 Health and Social Care students recently had a visit from Ruth and Alex at Stow Health Care. Ruth manages Stow Health Care and, along with her brother, has turned around five failing care homes in the local area. They took over Halstead Hall Care Home a year ago and have made massive changes to the home itself, the staffing in the home and the range of activities on offer. Alex has worked for Ruth for a number of years and currently has an administrative role within the company. Both have come from very different backgrounds into the health care profession and it was interesting to hear their personal stories and the reasons behind their decisions to enter the profession in the first place.

The Health and Social Care students were able to ask Ruth and Alex questions about their jobs and discovered that there was a huge range of different roles within the profession, not just that of a carer. The students learned more about how they deal with specific situations in the care home, such as the death of a resident, along with the qualities they look for in a good member of staff. They also heard about specific cases that the staff had worked on, leading to a renewed thirst for life in residents who were displaying signs of social isolation.

A number of Year 11 students took application forms to volunteer at Halstead Hall Care Home after they have finished their GCSEs and some of the Year 10s expressed an interest in work experience there at the end of the year.



Overall, it was a very successful visit with both the students and their visitors taking a great deal from the sessions. It is hoped that this will lead to a number of links between the school and the care home in the future. Ms Linsdell



Chef Roadshow

On Thursday 14th March, Martin Fordham, Head of the Hospitality and Catering Department at Colchester Institute, came on what has become a his yearly visit to the Ramsey Food Technology students to showcase some of his Chef skills, as well as the post-16 courses that include Professional Chef, Professional Cookery and Hospitality and Catering. From de-boning a chicken to filleting a salmon, Mr Fordham delivered a lively and interesting session which included a competition of 'beat the teachers' at making quenelles out of buttercream. The students really engaged in the lesson and lots of knowledge was gained on a thoroughly interesting morning. Mrs Bushell



GSUS Live Bus

From the 11th to 15 March, The Ramsey Academy were fortunate enough to host the GSUS live trailer in school. This is a mobile multi-media classroom, which allows students to explore the themes of fear, forgiveness and rejection, through the teachings of Jesus. All Lower school students, and Upper school RE students had the opportunity to have a lesson on the trailer. The activities are varied, with Bible story animations, contemporary songs, and short films on historical and public figures such as Martin Luther King, Nelson Mandela and Malala Yousafzai all used to help students identify with the themes.

The GSUS live project was launched in 2000, and has been experienced by hundreds of thousands of school children across the country. The presence of the large, unmissable trailer created a lot of excitement for that week, with many students questioning the spelling of "GSUS", which was launched to show the Christian belief that

Sin comes between God and us. Overall, this was a truly interactive experience which students at Ramsey enjoyed, engaged with, and learned from.

The bus was hosted by the Christian Youth Outreach who work regularly with our school, offering assemblies, lessons and mentoring. Mrs Price



Information for Parents and students

Expert Child Health advice at your fingertips

Parents and carers across mid Essex can now find NHS advice at their fingertips to help look after their children's health.

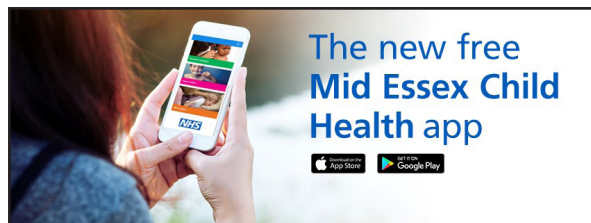
The free Mid Essex Child Health app is designed to help parents and carers of children aged from birth to 11 years recognise when their child is unwell; offering handy advice on some of the most common childhood illnesses and where to seek further treatment, including information signposting to the relevant local services. Conditions covered within the app include:

- Coughs, colds and flu
- Diarrhoea and vomiting
- Chicken pox and measles
- Earache and tonsillitis
- Wheezing and breathing difficulties including bronchiolitis and asthma
- Headlice, threadworms
- Bumps, bruises and accidents

Information on mental health and wellbeing, healthy lifestyles and advice on some more serious conditions like meningitis and sepsis are also covered. There's also a handy section on when you should keep your child home from school.

The app is available for download on smartphones and tablets from the Google Play Store and the Apple app store by searching 'Mid Essex Child Health'.

For more information visit <https://midessexccg.nhs.uk/livewell/startwell/childhood-illnesses>.



Giving back without costing the Earth

Pupils at The Ramsey Academy have chosen to continue to support Essex Air Ambulance. Many of the students developed links with the charity while taking part in the First Give Project in Year 7 and have decided to continue to support them. This year they have been selling pin badges and have now arranged for a printer ink recycling bin to be located in reception. To further strengthen the ties between the school and the charity, the Air Ambulance Team will also be visiting the school in June to carry out First Aid training for pupils in Year 10. The Essex Air Ambulance provides a vital service to our community and some of our pupils have experienced their services first hand. Ella Moon Year 8 - "Essex Air Ambulance is important to me as they were able to save myself, sister and Dad from a nasty car accident. Without the efficient help of the Air Ambulance my sister Maisie would not be here today. To thank them for their help I have decided to support their fundraising in whatever way I can". Students, have teamed up with local company Recycle Ink to collect empty ink jet printer cartridges from their homes and families. In return, Recycle Ink will donate up to £1.50 per cartridge to Essex & Herts Air Ambulance (see website for more details on accepted cartridges). The project offers a free, easy and environmentally friendly way to raise extra funds. At present, it is estimated that 7 out of 10 people throw their empties in the bin- that's a staggering 375 million cartridges going to landfill every year. If you use a Canon or HP printer at home, please check the Recycle Ink's website and see if you could help. Cartridges can either be dropped at the school or sent directly to the Boxford-based company in the name of EHAAT. For further details please visit the website recycleink.co.uk Mrs Perrins & Ella Moon



Dates For your Diary

- Friday 5th April- End of Spring term
- Tuesday 23rd April - Start of Summer Term
- Monday 29th April - Endeavour Charity Week starts
- Monday 6th May - Bank Holiday
- Monday 13th May - Start of Year 11 exam season and whole-school early lunch breaks 12:10PM-1:10PM
- Friday 24th May - End of half-term
- Monday 3rd June - Start of new half-term

